

The AFAC Mission

Now over 20 years after its founding, the Arlington Food Assistance Center remains dedicated to its mission of obtaining and distributing groceries, directly and free of charge, to people living in Arlington who cannot afford to purchase enough food to meet their basic needs.

Although our only mission at AFAC is to feed the hungry, we help relieve the food budget of our clients, thereby allowing them to make other necessary purchases without sacrificing their health, nutritional and housing needs.

Families need a referral to get food from AFAC. Referrals can come from an Arlington County government agency or one of the many local churches, schools or social service agencies.

AFAC serves as an effective partner in Arlington's comprehensive social service delivery system. If local social workers identify a need for food with their clients, they can easily make a referral to us. This system ensures that our clients are legitimate, and that all their needs are being assessed and addressed.

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www.afac.org

Operations Facts

In FY09 we distributed over 2.2 million pounds of food -- bread, meats, produce, canned goods, milk, eggs, baked goods and cereal -- directly to Arlington families.

In FY09, over 24,000 volunteer hours were donated to us.

Over 60% of the food we distribute is donated to us.

We purchase food from local wholesalers to make sure we get the best price.

Our cash budget for FY10 is \$1.3 million.

We are committed to distributing the most nutritious food possible.

AFAC Food Distribution Schedule

2708 S. Nelson St.
M-F 10 am – noon
Thursday 7-8 pm
Saturday 9 am – 11 am
Gunston Community Center
Thursday 6:30 pm – 7:30 pm
Clarendon United Methodist Church
Saturday 9:30 am – 10:30 am



Arlington Food Assistance Center

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Feeding Our Neighbors in Need

2708 S. Nelson St.

P. O. Box 6261

Arlington, VA 22206

703.845.8486

703.845.8491 (fax)

United Way# 8354

CFC # 19265

www.afac.org

At AFAC, we provide supplemental groceries to Arlingtonians who cannot afford to purchase all the food they need. You might not think that hunger is a problem in Arlington, but the high cost of living here means that many families struggle to make ends meet. Supplemental groceries from AFAC mean that families can remain in their homes, workers can stay on the job, children are ready to learn, and mothers and babies get the nutrition they need.

Over 1,000 families now come to AFAC each week for groceries. In our last fiscal year we distributed over 1.2 million pounds of food directly to Arlington families.

Arlingtonians help AFAC in many ways. Contributions of money, food and volunteer time are always needed. Please consider helping AFAC in the following ways:

Donations

1. **Make A Donation** –Your contribution will go directly to helping needy families right here in Arlington.
2. **Get a Matching Gift** – Many local employers will match their employees' donations. Check to see if yours is one.
3. **Donate Food and Grocery Bags** – We always need groceries and bags. Consider donating cereal, pasta or peanut butter and paper or plastic grocery bags.

Special Projects

4. **Hold a Food Drive** – We are always in need of donated food. We'll provide you a list of needed items and some advice on how to make the most of this effort.
5. **Walk (or Run) in CropWalk – October 17, 2009** - CropWalk is a 10k walk for hunger relief. One-quarter of the proceeds come directly to AFAC; the rest goes for international hunger relief efforts.
6. **Plant a Row** – Join with other Arlington gardeners and plant an extra row of vegetables in your garden. Donate the harvest to AFAC.

Volunteering

7. **Join a Committee** – AFAC is a large organization. Your expertise in a variety of areas will help us run more effectively.
8. **Join our new Young Professionals Circle** – Join with others to help AFAC use social networking and community outreach to expand our efforts in feeding our neighbors in need.
9. **Help with Operations** – Daytime volunteers are especially needed for operations such as food distribution, food pickups and office work. Volunteer daily, weekly or monthly. Evening slots are available too.

For more information about any of these opportunities, contact Christine Lucas, Executive Director, at afacChristine@aol.com

AFAC distributes groceries to needy families in Arlington and provides the opportunity for all Arlingtonians, whatever their strengths, to help address the problem of hunger in our community.

We invite you to join us in this effort. Come help run one of Arlington's most needed and dynamic social service agencies. For more information, visit us on the web at www.afac.org.

Each week AFAC distributes over \$35,000 worth of